



A 4-H Martial Arts Club is Forming in Leon County!!

(Youth grades 3 & up)

Tuesday, March 2, 2010

4:30-6pm

Leon County 4-H Extension Office

615 Paul Russell Rd, Tallahassee

Orientation meeting for new members & their parents

--Club will meet twice a month--

Be introduced to basic martial arts, life skills (respect, discipline, perseverance, honor, etc.), real-world self-defense, and become healthy & active as a family.

For more information about 4-H call Tracy at 850/606-5204 or ttesdall@ufl.edu

For info on the new 4-H club email Mr. Dwaine Rester at tallyfamilymartialarts@gmail.com

Call or email to let us know you're coming!!



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