Handwashing Questions

1. Washing hands two times each day is adequate for preventing illness.
   
   True
   False

2. Germs’ favorite places to live on humans are:
   
   A. Hands and feet
   B. Fingernails, hair and small folds of skin
   C. Hair and Bellybuttons

3. You should wash your hands before __________.
   
   A. Visiting the restroom
   B. Eating and preparing foods
   C. Handling pets

4. You should wash your hands after covering your nose or mouth when coughing or sneezing.
   
   True
   False

5. Which of the following is the proper way to wash hands to effectively remove dirt and germs?
   
   A. Rub hands with soap. Rinse soap off hands.
   B. Run hands under water for a few seconds.
   C. Scrub hands vigorously with warm, soapy water for at least 15 seconds. Wash the front and back of hands, between fingers, under fingernails and wrists. Rinse well in warm water.
Handwashing

Answers

1. Washing hands two times each day is adequate for preventing illness.
   
   False

2. Germs’ favorite places to live on humans are:
   
   B. Fingernails, hair and small folds of skin

3. You should wash your hands before __________.
   
   B. Eating and preparing foods

4. You should wash your hands after covering your nose or mouth when coughing or sneezing.
   
   True

5. Which of the following is the proper way to wash hands to effectively remove dirt and germs?
   
   C. Scrub hands vigorously with warm, soapy water for at least 15 seconds. Wash the front and back of hands, between fingers, under fingernails and wrists. Rinse well in warm water.