

## **Leon County**





# Heidi Copeland

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### **Educational Program Focus:**

- Food, Nutrition and Wellness
   Extension programs in food, Nutrition and Wellness educate and promote a lifestyle that contributes to overall quality of life.
- Sustainable Living Education
   Extension sustainability education lends itself to a multidisciplinary approach that engages individuals and communities in sustainable living education.
- Child Development and Parenting Child development education provided by Extension assists child care providers with innovative, relevant educational opportunities to learn new skills and increase knowledge.



#### • Family Economic Stability

Extension is helping to educate its citizens to become more sophisticated in their financial decision making skills. Participants gain knowledge and learn skills needed to make behavior changes that will improve their quality of life.

## **Work Experience**

UF/IFAS Extension – Leon County UF/IFAS Extension – Jefferson County Florida & Alabama December 2009 – present November 2004 – present 1987 – 2004 Family & Consumer Sciences Agent Family & Consumer Sciences Agent FCS High School Teacher

## **Education**

Florida State University University of Alabama Special Education Studies Vocational Home Economics Education 30 credit hours BS 1986